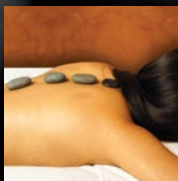
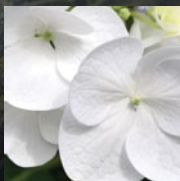
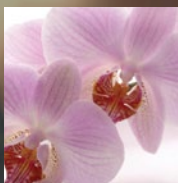
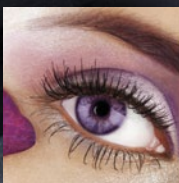


Select

BRAEMAR LODGE & SPA

HANMER SPRINGS



Spa Treatment Menu

The background of the advertisement is a composite image. On the left, there are two large, smooth, dark grey stones stacked on top of each other. Behind them, several lit candles create a warm, bokeh effect of soft, glowing light. On the right side, there is a grid of nine small images showing various spa treatments: a close-up of a woman's eye with purple makeup, feet on a stone pedicure table with pink flowers, a purple orchid, a woman's face with white facial mask, white flowers, a woman's back with hot stone massage, hands being washed in a pink flower bath, hands being massaged with a white cream, and a woman's face being massaged.

Spa Braemar

inhale deeply

and enliven your senses with the intoxicating smell and taste of pure Alpine air.

exhale slowly

and truly escape as we soothe away tension and stress, revitalise skin and complete your stay of relaxation and rejuvenation. To fully engage yourself in the peace and tranquility of Select Braemar Lodge we invite you to complete your experience with a visit to our spa.



FACIALS

Purifying Immersion

Relax and be pampered with this facial. Includes cleanse, towel steam with massage and mask. Face and eye moisturizer to finish

45 minute **\$75.00**

Absolute Hydration

A truly hydrating and vitamin packed treatment to boost the skins resilience. Featuring active antioxidants with a unique mask to revitalise the skin and combat dehydration. Skin texture and smoothness is restored leaving the skin radiant and alive. A must for dehydrated skins after prolonged travel, exposure to air conditioning and the elements.

60 minute **\$120.00**

Pure Collagen Velvet Facial

This luxurious and highly effective facial incorporates a pure collagen mask with active serums especially chosen to replenish the skin and visibly refine fine lines and wrinkles. Renowned as the essential pre party facial, this exquisite facial will give you visible results.

60 mins **\$145.00**

Including Pure Collagen Eye Treatment

70 mins **\$175.00**

Pure Collagen Velvet Eye Treatment

Using pure collagen this intensive treatment focuses on the skin around the eyes to effectively treat fine lines, wrinkles and dehydration in this fragile area.

45 mins **\$70.00**

Add a relaxing 20 minute back massage to any facial treatment

20 mins **\$47.00**



BODY TREATMENTS

Sheer Bliss - Head, Hands, Feet

Our feet carry the weight of our body; our heads carry the weight of the world. A foot bath and light exfoliation to your feet start this heavenly treatment; pressure points are then worked on to release tension and massage away the heavy load. As we work our way from your feet to your hands to your head you will feel the tension dissolving away.

45 mins \$80.00

Traveller Revival

FOOT SOAKS, BODY EXFOLIATION, MASSAGE, FOOT ACUPRESSURE, EYE THERAPY

This is the perfect total body treatment for stressed, tired or jetlagged bodies. To start, a revitalising hot foot soak, then put your feet up and relax while your therapist treats you to an energising body exfoliation aiding in the removal of dry dead skin cells, after removal of the product you will receive a deeply relaxing full body massage to increase circulation and stimulate lymph drainage helping to reduce any swelling.

Continuing with a hydrating eye therapy mask finished with a soothing foot massage.

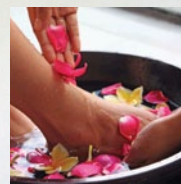
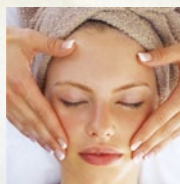
The perfect balance is created between energising and relaxation.

Allow 2 hours \$240.00

Body Polish

Energizing yet relaxing this treatment starts with a gentle dry skin brush, followed by a full body exfoliation utilizing lovely body exfoliating products to eliminate dry, dead skin whilst increasing circulation, your skin will feel refined and have a healthy glow. After removal of the product, nourishing creams will be massaged over your body leaving you feeling deeply relaxed and your skin replenished, fresh and silky smooth.

60 mins \$130.00





MASSAGE

Aroma Bliss

This massage is designed to focus on a specific area of discomfort and muscular tightness to assist the release of tension knots and stiffness. Pressure is adapted to each individual's preference. A warming oil blend of Mandarin, Petitgrain and Ylang Ylang to indulge your senses, improve circulation, and gently restore balance.

60 mins \$110.00
30 mins \$65.00

Therapeutic Massage

This massage focuses on specific areas of discomfort and muscular tightness, helping to release tension, knots and stiffness. Pressure is adapted to each individual's preference. A warming blend oil blend of Peppermint, Marjoram and Black Pepper will enhance relaxation.

60 mins \$125.00

Hot Stone Therapy

As an extension of your therapist's hands, the powerful properties of warm lava stones combined with essential oils deliver an energising yet relaxing massage. Experience a new dimension of relaxation with this exceptional treatment.

90 mins \$170.00

Please note

For ladies, who are trying to fall pregnant or are in their first 12 weeks of pregnancy, please note that massage treatments are discouraged. Why not try one of our facials as an equally relaxing and enjoyable alternative?

Times may vary slightly for some treatments.

Prices are subject to change without prior notification. Bookings are essential.

FINISHING TOUCHES

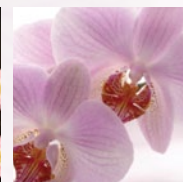
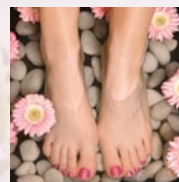
These treatments are subject to appropriate Therapist availability – check in with Lodge Reception to confirm.

EYE TREATMENTS

Eyelash Tint	\$28.00
Eyebrow Tint	\$20.00
Eyelash + Eyebrow Tint	\$35.00
Eyebrow Shape	\$20.00
Eyelash + Eyebrow Tint + Eyebrow Shape	\$50.00

WAXING

Full Leg	\$55.00
Half Leg	\$35.00
Under Arm	\$20.00
Lip or Chin	\$15.00
Bikini Tidy	\$28.00



MEN

Back	from	\$30.00
Chest	from	\$30.00
Nape of neck		\$20.00
Full leg		\$55.00
Eyebrow groom		\$20.00

Please Note: It is important to avoid bathing in the Thermal Pools for at least 24 hours after any body waxing, to reduce the risk of an eventual infection.





IN-SUITE BATH RITUALS

Prepared in the privacy of your suite, immerse into the indulgence of a specially prepared bath for two, surrounded by candles.

Egyptian Milk Bath

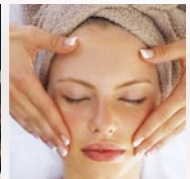
Slip into this delicious and luxurious milk bath. The nourishing qualities of a milk bath leave your skin feeling soft and hydrated. Bathe like Cleopatra and indulge in this truly sensual experience.

\$45.00

Aroma Bath

Immerse into a warm & relaxing bath filled with the wonderful benefits of Epsom salts & essential oils. The warm, spicy & exotic blend of Cinnamon, Clove, Patchouli, Sandalwood & Ylang Ylang will allow you to drift off and leave all stress and tension behind. Muscle aches & pains will be eased thanks to the properties of Epsom Salts. Let the soaking begin!

\$45.00



SPA PACKAGES

Revive Package

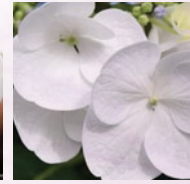
Relax with a muscle soothing back neck and shoulder massage, followed by a facial to cleanse and revive your skin, hydrating serums and a mask are infused with hot towels. You will see and feel the difference.

75 mins **\$120.00**

Refresh Package

Relish in this pick me up facial and stress busting neck & shoulder massage. To finish have your hands or feet treated to a Petite Manicure or Pedicure. This includes nail and cuticle grooming complete with a buff or polish.

75 mins **\$120.00**



One for the Boys

What every man needs! A deep cleansing invigorating back scrub to smooth the skin slothing away dry skin cells complete with steaming hot towels. Followed by a tension releasing back, neck and shoulder massage and to top it off a deeply relaxing head massage. You will love this treatment!

75 mins **\$120.00**





HAND & FEET TREATS

Express Manicure

Your nails are filed, shaped and buffed smooth then choose a shade in our Orly collection to be applied for beautiful nails.

30 mins \$40.00

Express Pedicure

Your nails are filed, shaped and buffed smooth then choose a shade in our Orly collection to be applied for beautiful toes.

30 mins \$40.00

Braemar Spa Manicure

Beautiful hands will result with this delightful treatment. Enjoy a hand soak, nail and cuticle care, a relaxing hand and forearm massage, finished off with a buff and nail polish.

60 mins \$80.00

Braemar Spa Pedicure

Your feet will delight with this wonderful treatment, a refreshing foot soak, nail and cuticle care, attention to dry hardened skin and a nourishing foot and lower leg massage. Finished off with a toe nail buff and polish.

60 mins \$80.00





SPA PACKAGES

Braemar Day Package (MIN 3 PAX)

- 1 x Revive Treatment (75 mins)
- Selection of freshly made canapés
- 1 glass of New Zealand bubbles
- Complimentary gift bag to take away

\$150 pp

Day Use of a Suite including outdoor hot tub
extra \$40 pp

Deluxe Braemar Spa Package

- Deluxe Refresh Treatment including facial, massage and manicure or pedicure (75 mins)
- Antipasto and fruit platter
- 2 x Champagne cocktails
- Exclusive use of day spa complex including gym and relaxation room
- Complimentary gift bag to take away.

\$350 pp

Special 'Stay the Night rate' – Twin beds available, max 4 per room with 2 on rollaway beds -

\$150 pp

Call 03 3157555 to book.

SPA INFORMATION

Hours of Opening

by appointment Monday to Friday. Resident therapists operates 9am to 8pm every Saturday and Sunday.

Cancellation Policy

To ensure we do not disappoint other guests we do appreciate as much cancellation notice as possible. An cancellation with less than 6 hours notice will incur a 50% cancellation fee. The full cost of the treatment will be imposed for a "no show".

Appointments

Prior to your treatment we will ask you to complete a Client Health Form. Please arrive 10 minutes before your booking time to ensure that we start your treatment on time.

Late Arrivals

All treatments are completed as scheduled, so please be aware that if you arrive late your treatment will finish as scheduled to avoid inconveniencing the next guest.

Cellphones

To maintain the harmony and ambience of the spa we ask that your cellphone is turned off before entering the spa.

Alcohol

For you to receive the full benefits of your treatment we ask that you do not consume alcohol prior to or immediately after your treatment. Your therapist has the right to cancel your treatment if she/he feels you are intoxicated. In this instance the full cost of the treatment will be charged.

Minimum Age

To help maintain a peaceful environment the minimum age requirement in the spa and gym area is 16 years of age.

Your comfort

This is extremely important to us. We will always ensure that your privacy is respected at all times. Please do not hesitate to let your therapist know if there is anything that can be done to improve your treatment or comfort.



Select
BRAEMAR LODGE & SPA
HANMER SPRINGS

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